



1 Living in Delaware With HIV

As of 02/28/2026

Exposure Category	Living in DE With HIV (All Stages)	
	Number	Percent
Birth Sex		
Male	3046	73.0%
Female	1128	27.0%
Total	4174	100.0%
Residence		
Kent County	608	14.6%
New Castle County	2537	60.8%
Wilmington Metro Area	1389	33.3%
Outside Wilmington Metro Area	1148	27.5%
Sussex County	1001	24.0%
Unknown	28	0.7%
Total	4174	100.0%
Age at Diagnoses		
<13	50	1.2%
13-19	182	4.4%
20-29	1215	29.1%
30-39	1344	32.2%
40-49	887	21.3%
50+	496	11.9%
Total	4174	100.0%
Race/Ethnicity		
Hispanic - All races	427	10.2%
White	1277	30.6%
Black	2278	54.6%
Other ²	192	4.6%
Total	4174	100.0%
Mode of Exposure in Adult Cases		
MSM	1906	45.7%
IDU	466	11.2%
MSM/IDU	165	4.0%
Heterosexual contact w/IDU	165	4.0%
Heterosexual contact	1230	29.5%
Transfusion/transplant recipient	3	0.1%
Risk not reported/other	189	4.5%
Pediatric Exposure	50	1.2%
Total	4174	100.0%
Mode of Exposure in Pediatric³ Cases		
Mother with/at risk for infection	44	88.0%
Receipt of blood transfusion or tissue	0	0.0%
Hemophilia/Coagulation Disorder	1	2.0%
Other/risk not reported	5	10.0%
Total	50	100.0%

¹"Living" data includes anyone living in Delaware with HIV regardless of current stage

²Other includes Asian, Pacific Islander, American Indian, Alaskan Native or Multi-racial.

³Pediatric cases are individuals <13 years of age.

Approximately 24% of HIV diagnosed persons living in Delaware were initially diagnosed in another state and moved to Delaware after diagnoses.

Note: A clients original HIV disease diagnosis date is based on the first known date of HIV infection regardless of which HIV stage that person was in at that time.

Eight Year History of New Infections (DE Cases)

2019	2020	2021	2022	2023	2024	2025	2026
93	91	85	128	102	117	114	13

*So Far This Year

New Infection = Year in which HIV infection was first diagnosed⁴⁷

Previous Year at This Time

12

Current Prevalence Rate (per 100,000)

393.79

Top HIV Exposure Risk Groups for 2024 Thus Far

	#	%
MSM	4	31%
Hetero	4	31%
IDU	0	0%
MSM + IDU	0	0%
Other/Unknown	5	38%

New Infections by County

	#	%
Kent	2	15%
New Castle	10	77%
Sussex	1	8%

New Infections by Age Group

	#	%
0-12	0	0%
13-19	0	0%
20-29	4	31%
30-39	4	31%
40-49	2	15%
50+	3	23%

New Infections by Race/Ethnicity

	#	%
Hispanic - All Races	1	8%
White	8	62%
Black	4	31%
Other	0	0%

New Infections by Sex at Birth

	#	%
Male	11	85%
Female	2	15%



Total HIV Diagnosed Since 1981

Birth Sex			
Male		4955	72.4%
Female		1889	27.6%
Total		6844	100%
Residence			
Kent County		841	12.3%
New Castle County		4941	72.2%
Wilmington Metro Area	3071	44.9%	
Outside Wilmington Metro Area	1870	27.3%	
Sussex County		1055	15.4%
Unknown		7	0.1%
Total		6844	100%
Age at Diagnoses			
<13		56	0.8%
13-19		198	2.9%
20-29		1685	24.6%
30-39		2383	34.8%
40-49		1612	23.6%
50+		910	13.3%
Total		6844	100%
Race/Ethnicity			
Hispanic - All races		501	7.3%
White		1819	26.6%
Black		4379	64.0%
Other		145	2.1%
Total		6844	100%
Mode of Exposure in Adult Cases			
MSM		2359	34.5%
IDU		1863	27.2%
MSM/IDU		345	5.0%
Heterosexual contact w/IDU		422	6.2%
Heterosexual contact		1571	23.0%
Transfusion/transplant recipient		21	0.3%
Risk not reported/other		207	3.0%
Pediatric Exposure		56	0.8%
Total		6844	100%
Mode of Exposure in Pediatric Cases			
Mother with/at risk for infection		49	87.5%
Receipt of blood transfusion or tissue		1	1.8%
Hemophilia/Coagulation Disorder		1	1.8%
Other/risk not reported		5	8.9%
Total		56	100%

Note: This data includes only those people who were residents of Delaware at the time of HIV diagnosis.



Total Stage 3 HIV (AIDS) Diagnosed Since 1981

Birth Sex

Male	3634	72.2%
Female	1399	27.8%
Total	5033	100%

Residence

Kent County	580	11.5%
New Castle County	3696	73.4%
Wilmington Metro Area	2378	47.2%
Outside Wilmington Metro Area	1318	26.2%
Sussex County	755	15.0%
Unknown	2	0.0%
Total	5033	100%

Age at Diagnoses

<13	33	0.7%
13-19	38	0.8%
20-29	699	13.9%
30-39	1825	36.3%
40-49	1544	30.7%
50+	894	17.8%
Total	5033	100%

Race/Ethnicity

Hispanic - All races	327	6.5%
White	1309	26.0%
Black	3303	65.6%
Other	94	1.9%
Total	5033	100%

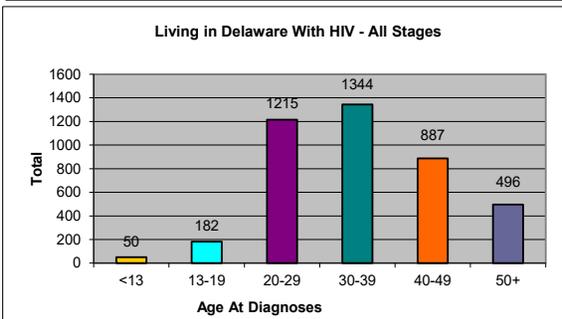
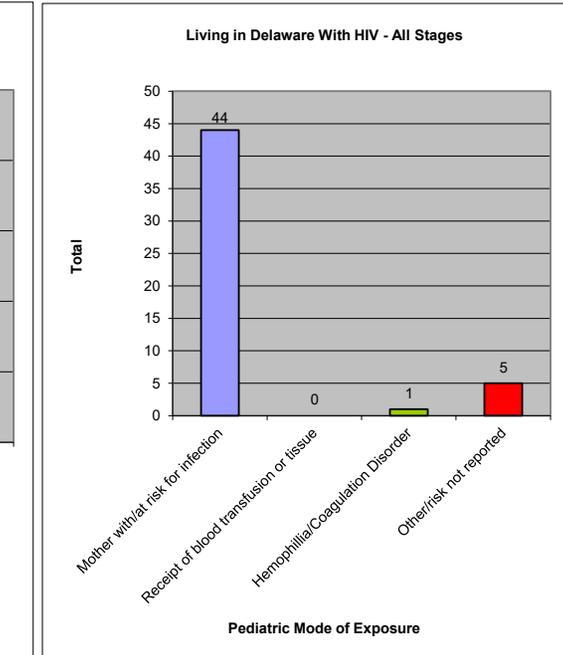
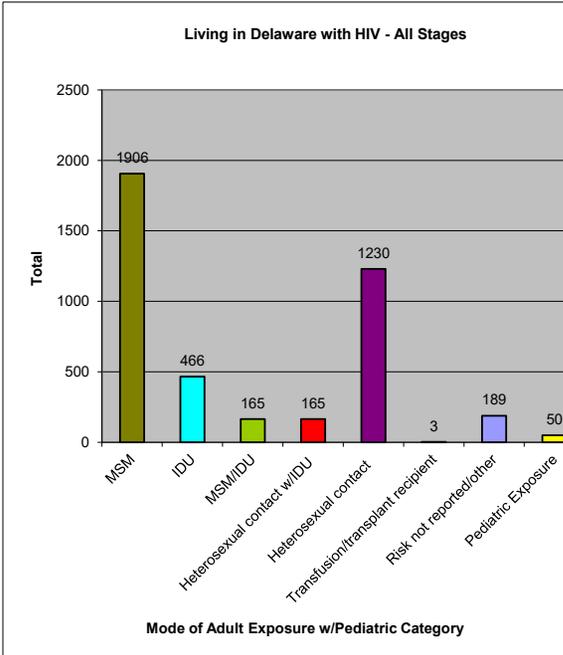
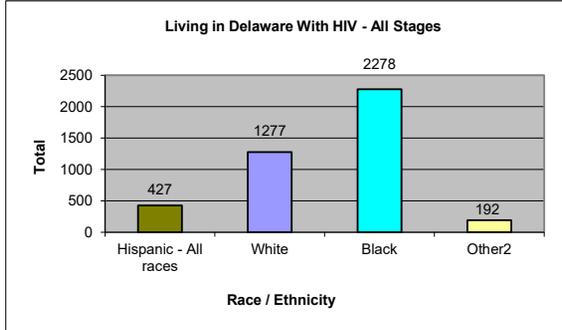
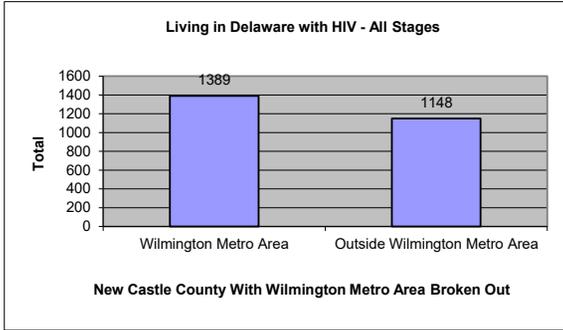
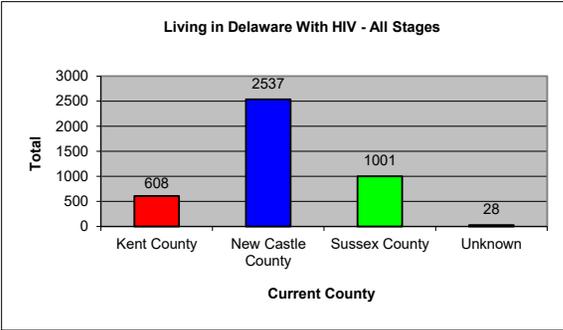
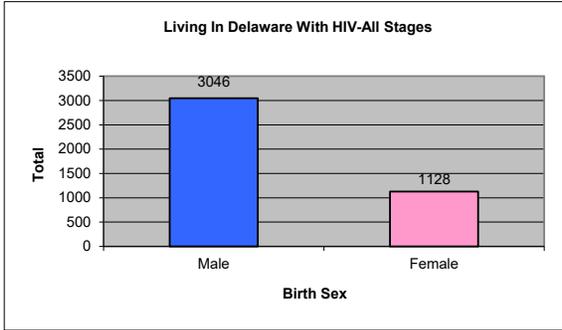
Mode of Exposure in Adult Cases

MSM	1593	31.7%
IDU	1609	32.0%
MSM/IDU	273	5.4%
Heterosexual contact w/IDU	376	7.5%
Heterosexual contact	982	19.5%
Transfusion/transplant recipient	18	0.4%
Risk not reported/other	127	2.5%
Pediatric Exposure	55	1.1%
Total	5033	100%

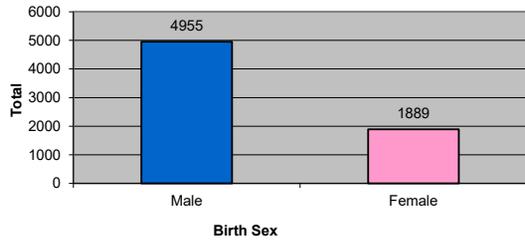
Mode of Exposure in Pediatric Cases

Mother with/at risk for infection	49	89.1%
Receipt of blood transfusion or tissue	1	1.8%
Hemophilia/Coagulation Disorder	1	1.8%
Other/risk not reported	4	7.3%
Total	55	100%

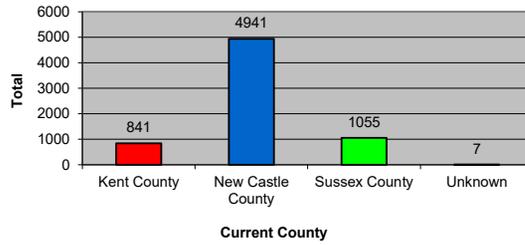
Note: This data includes only those persons who were residents of Delaware at time of Stage 3 HIV (AIDS) diagnosis and fit into the category of **ever** receiving a Stage 3 HIV (AIDS) diagnoses



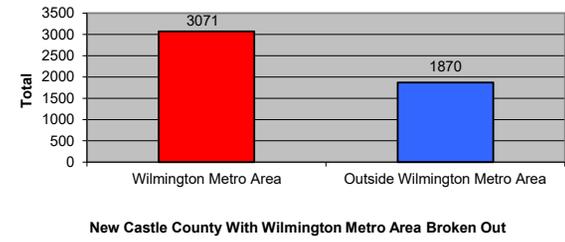
Total Diagnosed Delaware HIV Cases Since 1981



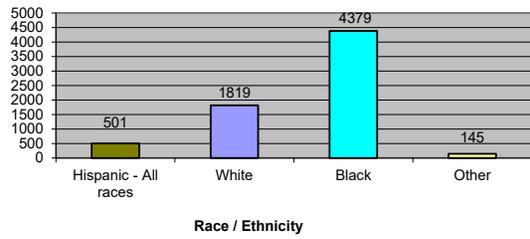
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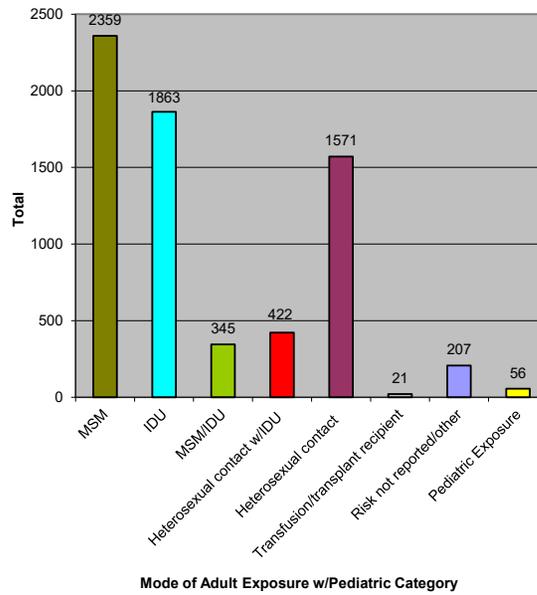
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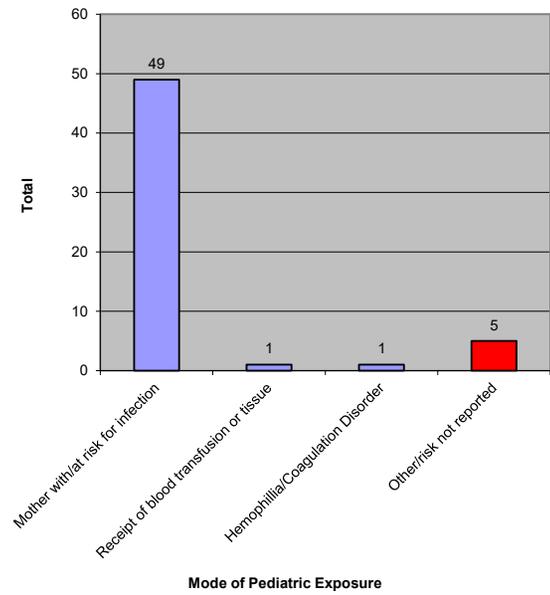
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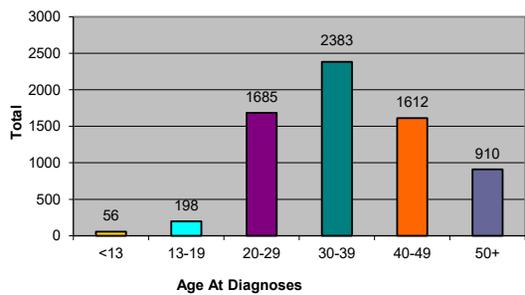
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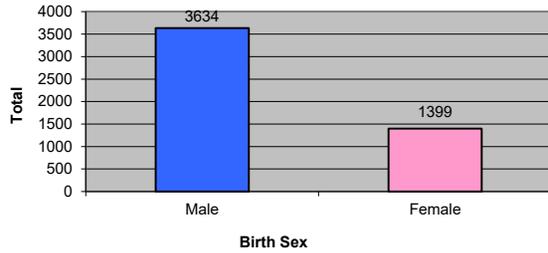
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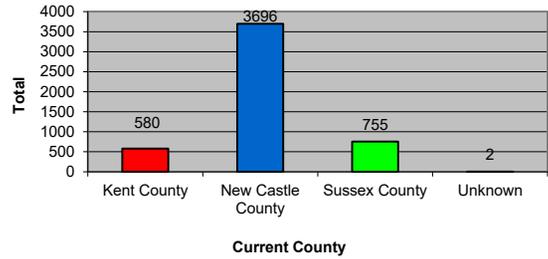
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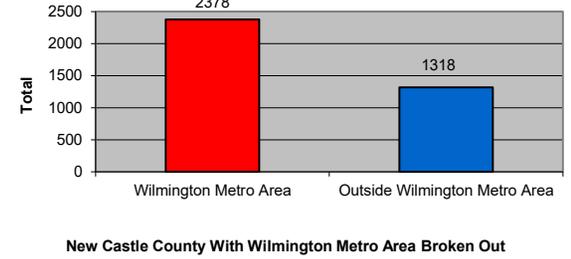
Total Diagnosed Delaware Stage 3 HIV (AIDS) Cases Since 1981



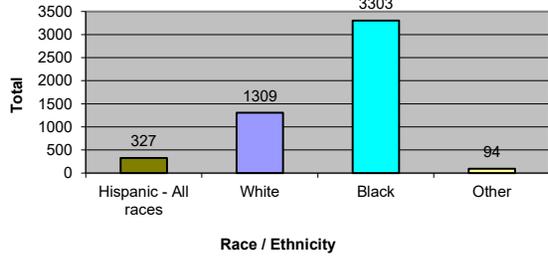
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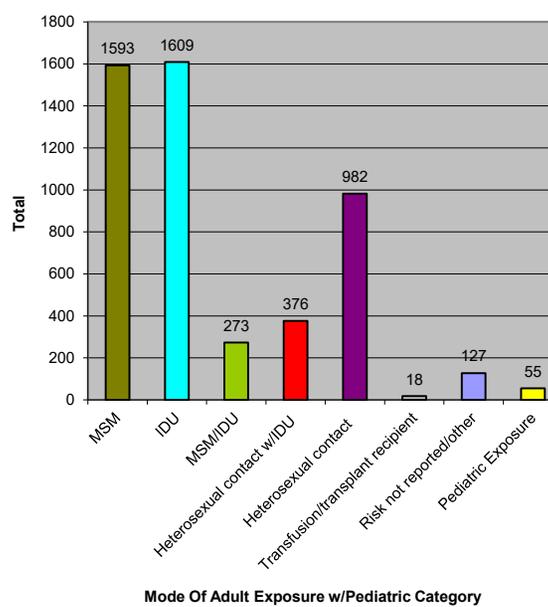
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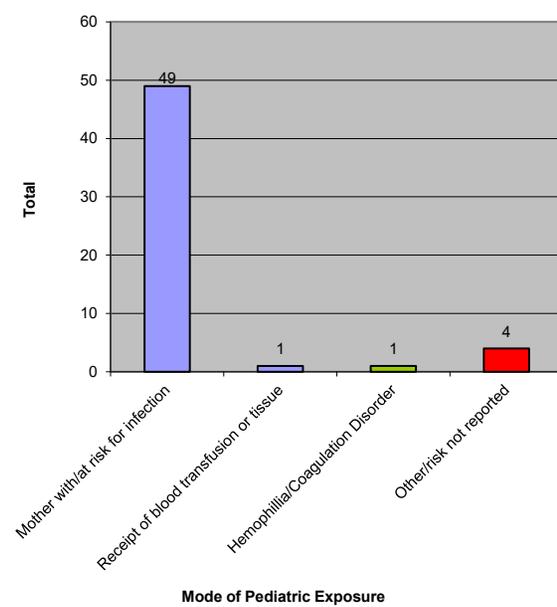
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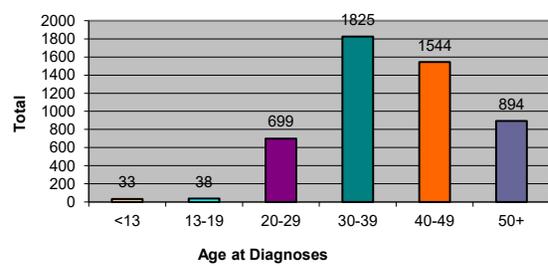
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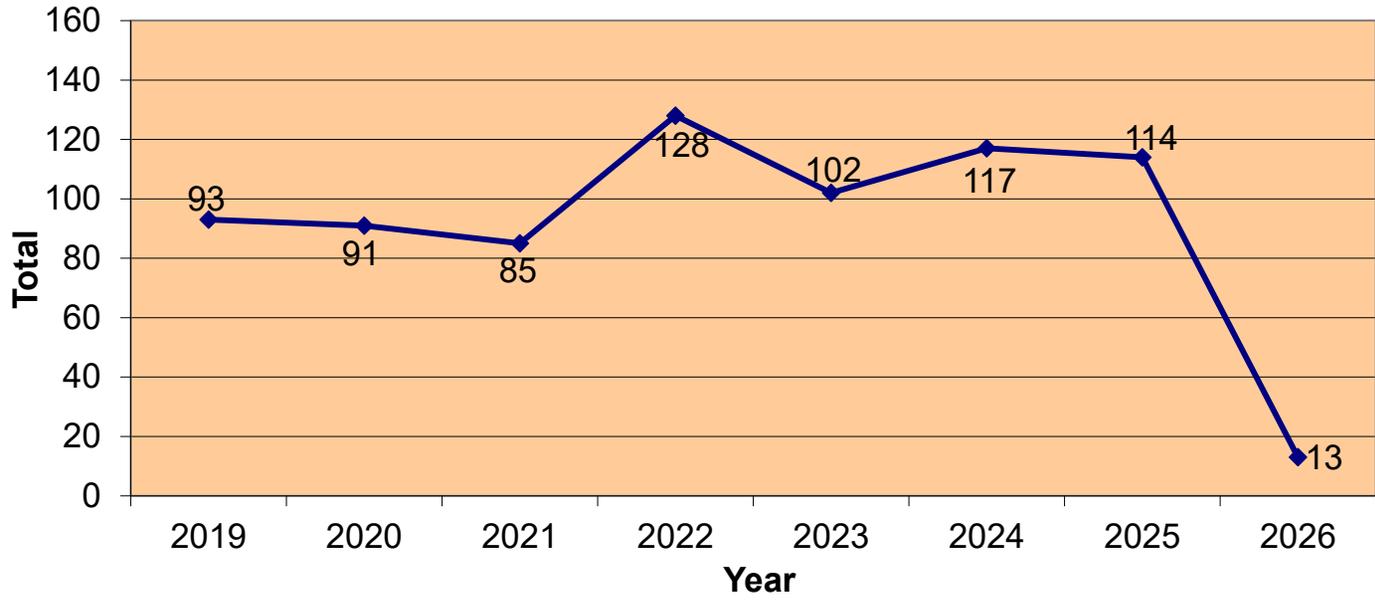
Total Diagnosed Delaware Stage 3 HIV (AIDS) Cases Since 1981



Total Diagnosed Delaware Stage 3 HIV (AIDS) Cases Since 1981



New HIV Infections Per Year (An Eight Year History)



*So far in current year

Summary Sheet for Communicable Disease Quarterly Report

	#	
Total Persons Living in Delaware with HIV	4174	
Total Persons Diagnosed with HIV in Delaware (Since 1981)	6844	
Total Persons Diagnosed with Stage 3 HIV (AIDS) in Delaware (Since 1981)	5033	
Total New Positives for Delaware in the Current Year	13	
Total New Positives at This Time Last Year	12	
Current Prevalence Rate	393.791	
Top Exposure Risk for Current Year		
	#	%
MSM	4	31%
Heterosexual	4	31%
IDU	0	0%
Other (includes risk not reported or identified)	5	38%