



# 1 Living in Delaware With HIV

As of 03/31/2026

Exposure Category	Living in DE With HIV (All Stages)	
	Number	Percent
<b>Birth Sex</b>		
Male	3056	73.0%
Female	1132	27.0%
Total	4188	100.0%
<b>Residence</b>		
Kent County	608	14.5%
New Castle County	2541	60.7%
Wilmington Metro Area	1387	33.1%
Outside Wilmington Metro Area	1154	27.6%
Sussex County	1012	24.2%
Unknown	27	0.6%
Total	4188	100.0%
<b>Age at Diagnoses</b>		
<13	51	1.2%
13-19	184	4.4%
20-29	1219	29.1%
30-39	1346	32.1%
40-49	891	21.3%
50+	497	11.9%
Total	4188	100.0%
<b>Race/Ethnicity</b>		
Hispanic - All races	430	10.3%
White	1281	30.6%
Black	2281	54.5%
Other <sup>2</sup>	196	4.7%
Total	4188	100.0%
<b>Mode of Exposure in Adult Cases</b>		
MSM	1912	45.7%
IDU	467	11.2%
MSM/IDU	166	4.0%
Heterosexual contact w/IDU	163	3.9%
Heterosexual contact	1236	29.5%
Transfusion/transplant recipient	3	0.1%
Risk not reported/other	190	4.5%
Pediatric Exposure	51	1.2%
Total	4188	100.0%
<b>Mode of Exposure in Pediatric<sup>3</sup> Cases</b>		
Mother with/at risk for infection	45	88.2%
Receipt of blood transfusion or tissue	0	0.0%
Hemophilia/Coagulation Disorder	1	2.0%
Other/risk not reported	5	9.8%
Total	51	100.0%

<sup>1</sup>"Living" data includes anyone living in Delaware with HIV regardless of current stage

<sup>2</sup>Other includes Asian, Pacific Islander, American Indian, Alaskan Native or Multi-racial.

<sup>3</sup>Pediatric cases are individuals <13 years of age.

Approximately 24% of HIV diagnosed persons living in Delaware were initially diagnosed in another state and moved to Delaware after diagnoses.

Note: A clients original HIV disease diagnosis date is based on the first known date of HIV infection regardless of which HIV stage that person was in at that time.

## Eight Year History of New Infections (DE Cases)

2019	2020	2021	2022	2023	2024	2025	2026
93	91	85	128	102	118	119	17

\*So Far This Year

New Infection = Year in which HIV infection was first diagnosed<sup>47</sup>

Previous Year at This Time

18

Current Prevalence Rate (per 100,000)

395.11

## Top HIV Exposure Risk Groups for 2024 Thus Far

	#	%
MSM	7	41%
Hetero	4	24%
IDU	0	0%
MSM + IDU	0	0%
Other/Unknown	6	35%

## New Infections by County

	#	%
Kent	2	12%
New Castle	13	76%
Sussex	2	12%

## New Infections by Age Group

	#	%
0-12	0	0%
13-19	2	12%
20-29	4	24%
30-39	5	29%
40-49	3	18%
50+	3	18%

## New Infections by Race/Ethnicity

	#	%
Hispanic - All Races	2	12%
White	5	29%
Black	8	47%
Other	2	12%

## New Infections by Sex at Birth

	#	%
Male	15	88%
Female	2	12%



**Total HIV Diagnosed Since 1981**

**Birth Sex**

Male	4960	72.4%
Female	1889	27.6%
Total	6849	100%

**Residence**

Kent County	841	12.3%
New Castle County	4945	72.2%
Wilmington Metro Area	3071	44.8%
Outside Wilmington Metro Area	1874	27.4%
Sussex County	1056	15.4%
Unknown	7	0.1%
Total	6849	100%

**Age at Diagnoses**

<13	56	0.8%
13-19	200	2.9%
20-29	1685	24.6%
30-39	2385	34.8%
40-49	1613	23.6%
50+	910	13.3%
Total	6849	100%

**Race/Ethnicity**

Hispanic - All races	502	7.3%
White	1820	26.6%
Black	4380	64.0%
Other	147	2.1%
Total	6849	100%

**Mode of Exposure in Adult Cases**

MSM	2363	34.5%
IDU	1863	27.2%
MSM/IDU	345	5.0%
Heterosexual contact w/IDU	422	6.2%
Heterosexual contact	1571	22.9%
Transfusion/transplant recipient	21	0.3%
Risk not reported/other	208	3.0%
Pediatric Exposure	56	0.8%
Total	6849	100%

**Mode of Exposure in Pediatric Cases**

Mother with/at risk for infection	49	87.5%
Receipt of blood transfusion or tissue	1	1.8%
Hemophilia/Coagulation Disorder	1	1.8%
Other/risk not reported	5	8.9%
Total	56	100%

Note: This data includes only those people who were residents of Delaware at the time of HIV diagnosis.



**Total Stage 3 HIV (AIDS) Diagnosed Since 1981**

**Birth Sex**

Male	3637	72.2%
Female	1400	27.8%
Total	5037	100%

**Residence**

Kent County	581	11.5%
New Castle County	3699	73.4%
Wilmington Metro Area	2380	47.3%
Outside Wilmington Metro Area	1319	26.2%
Sussex County	755	15.0%
Unknown	2	0.0%
Total	5037	100%

**Age at Diagnoses**

<13	33	0.7%
13-19	38	0.8%
20-29	699	13.9%
30-39	1826	36.3%
40-49	1546	30.7%
50+	895	17.8%
Total	5037	100%

**Race/Ethnicity**

Hispanic - All races	327	6.5%
White	1310	26.0%
Black	3305	65.6%
Other	95	1.9%
Total	5037	100%

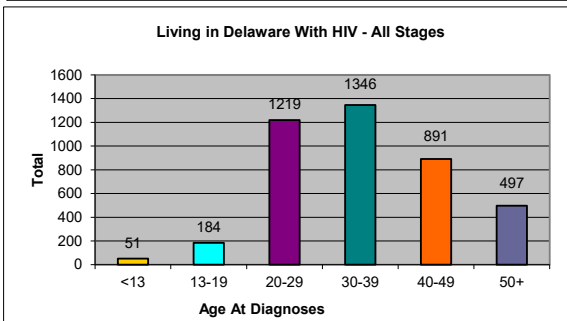
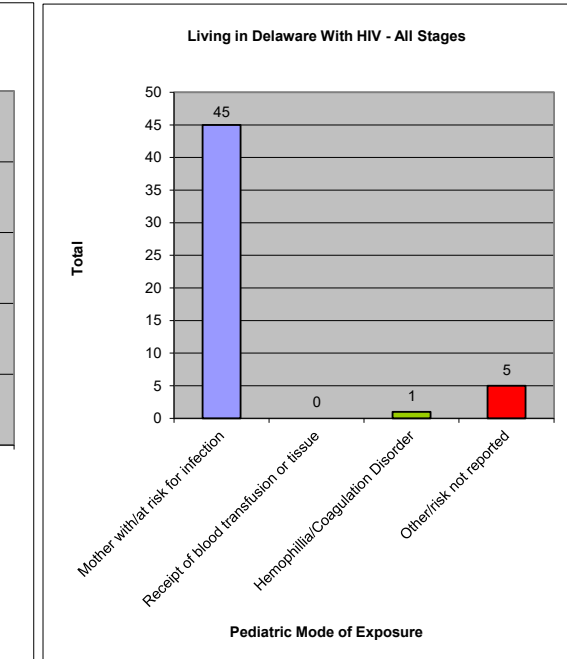
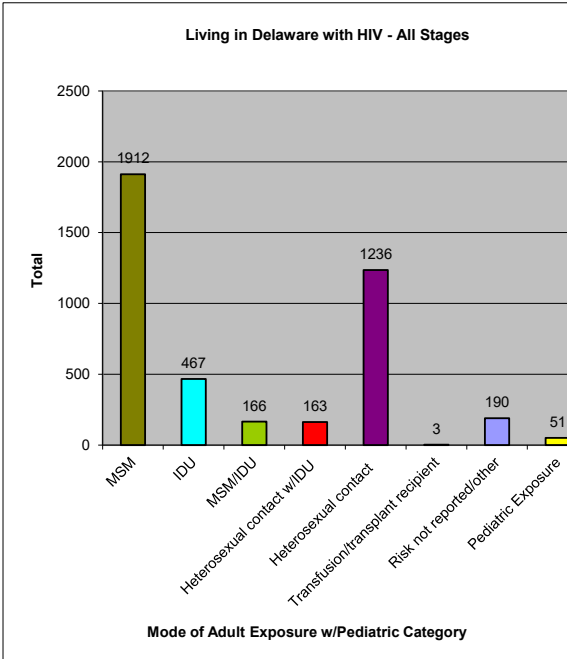
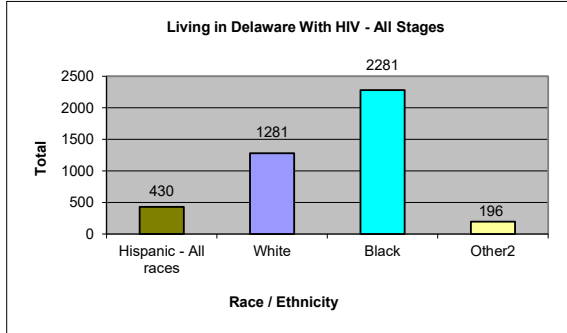
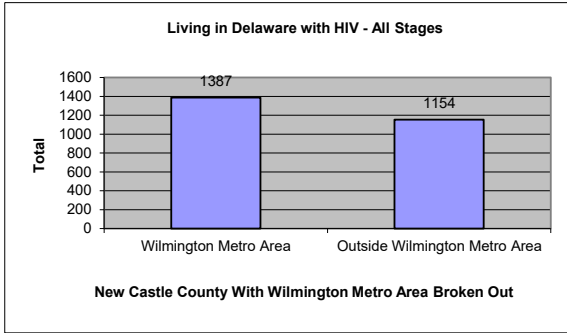
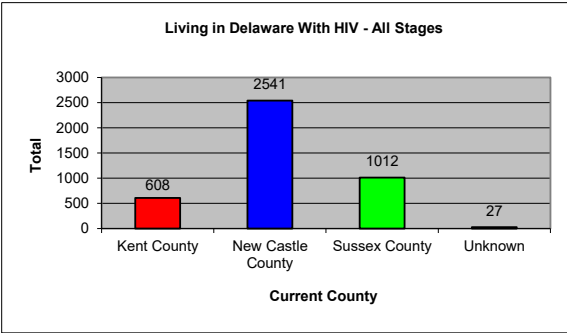
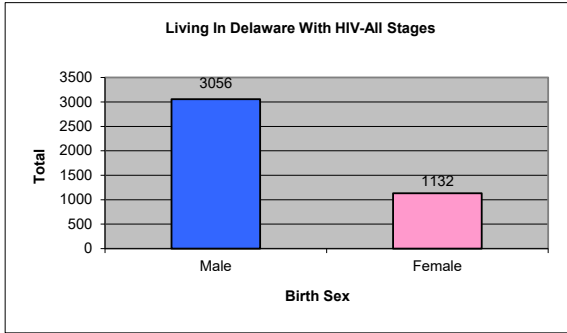
**Mode of Exposure in Adult Cases**

MSM	1594	31.6%
IDU	1611	32.0%
MSM/IDU	273	5.4%
Heterosexual contact w/IDU	376	7.5%
Heterosexual contact	984	19.5%
Transfusion/transplant recipient	18	0.4%
Risk not reported/other	126	2.5%
Pediatric Exposure	55	1.1%
Total	5037	100%

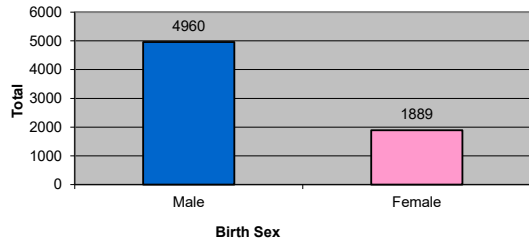
**Mode of Exposure in Pediatric Cases**

Mother with/at risk for infection	49	89.1%
Receipt of blood transfusion or tissue	1	1.8%
Hemophilia/Coagulation Disorder	1	1.8%
Other/risk not reported	4	7.3%
Total	55	100%

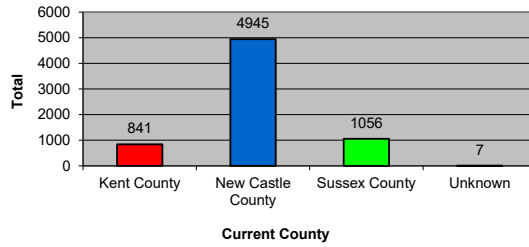
Note: This data includes only those persons who were residents of Delaware at time of Stage 3 HIV (AIDS) diagnosis and fit into the category of **ever** receiving a Stage 3 HIV (AIDS) diagnoses



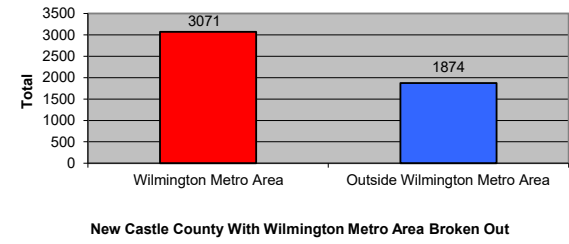
**Total Diagnosed Delaware HIV Cases Since 1981**



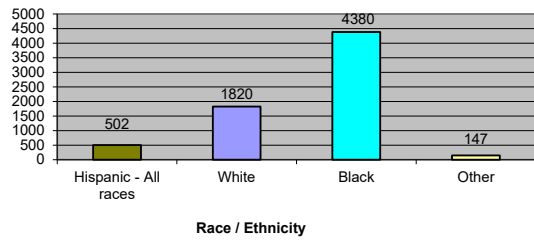
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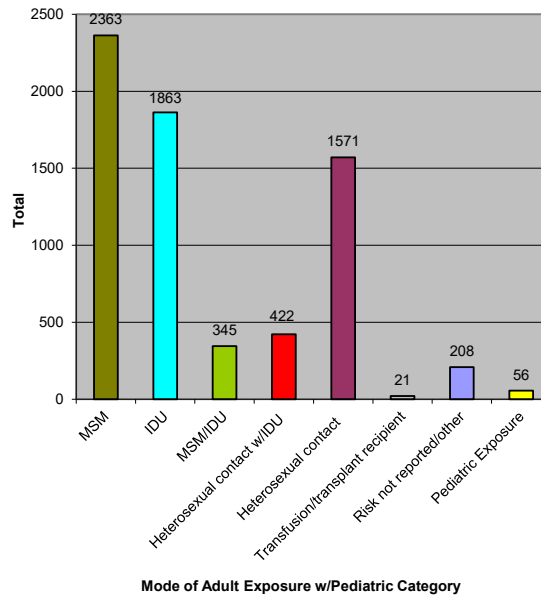
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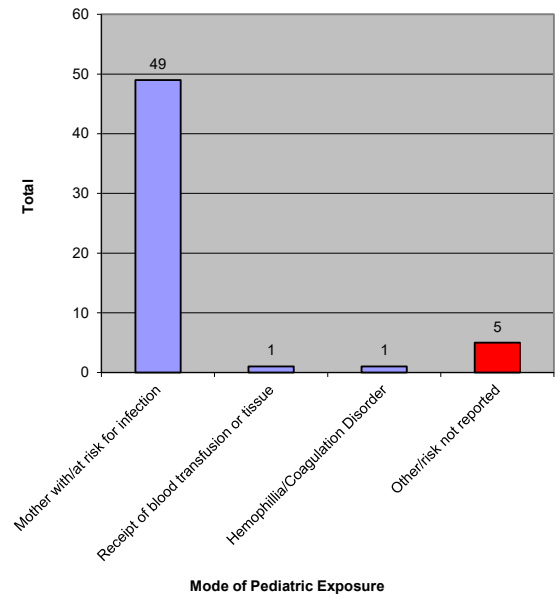
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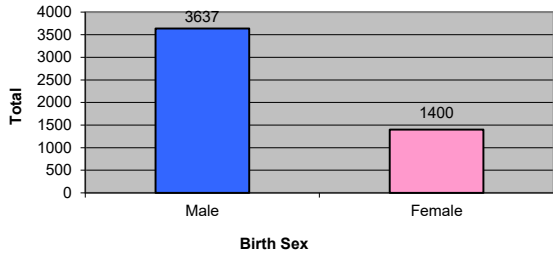
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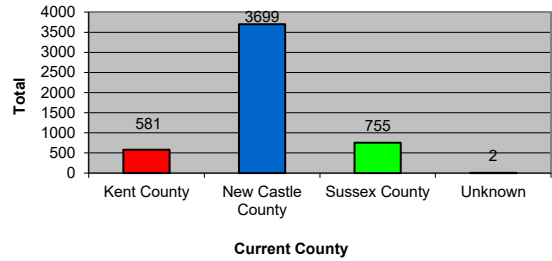
**Total Diagnosed Delaware HIV Cases Since 1981**



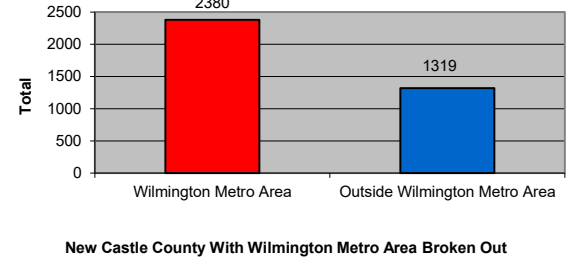
**Total Diagnosed Delaware Stage 3 HIV (AIDS) Cases Since 1981**



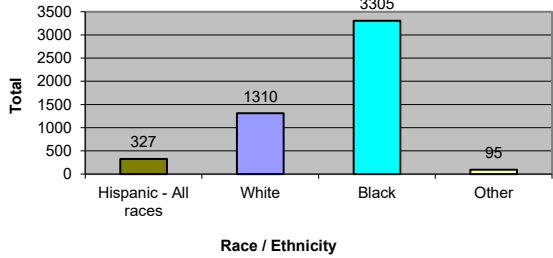
**Total Diagnosed Delaware Stage 3 HIV (AIDS) Cases Since 1981**



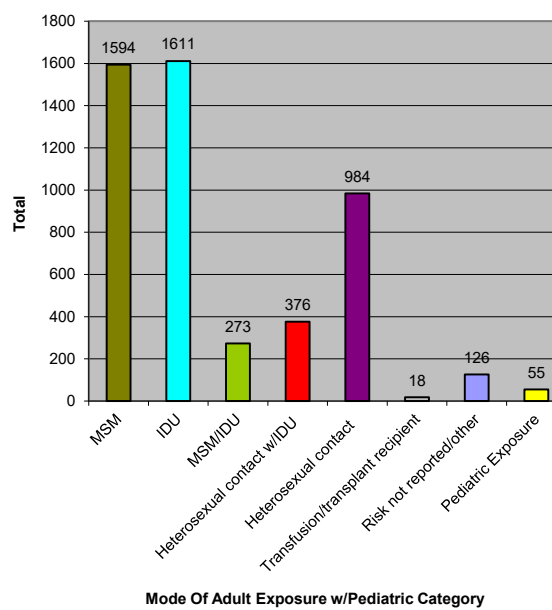
**Total Diagnosed Delaware Stage 3 HIV (AIDS) Cases Since 1981**



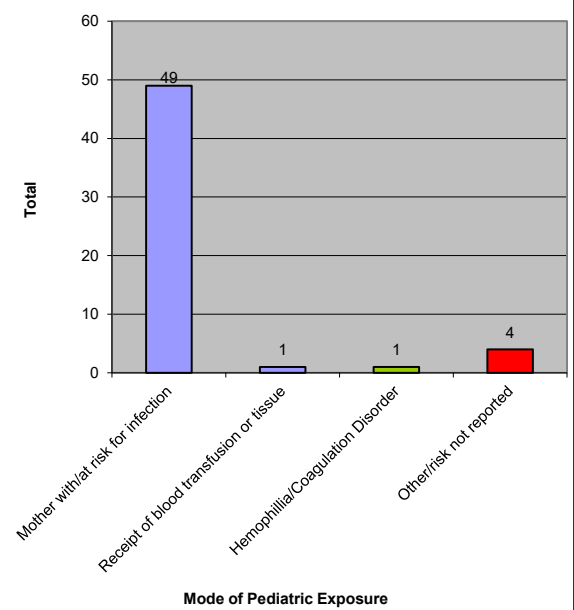
**Total Diagnosed Delaware Stage 3 HIV (AIDS) Cases Since 1981**



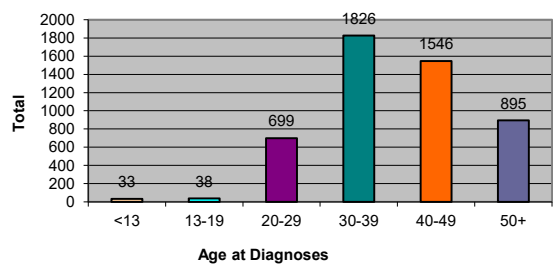
**Total Diagnosed Delaware Stage 3 HIV (AIDS) Cases Since 1981**



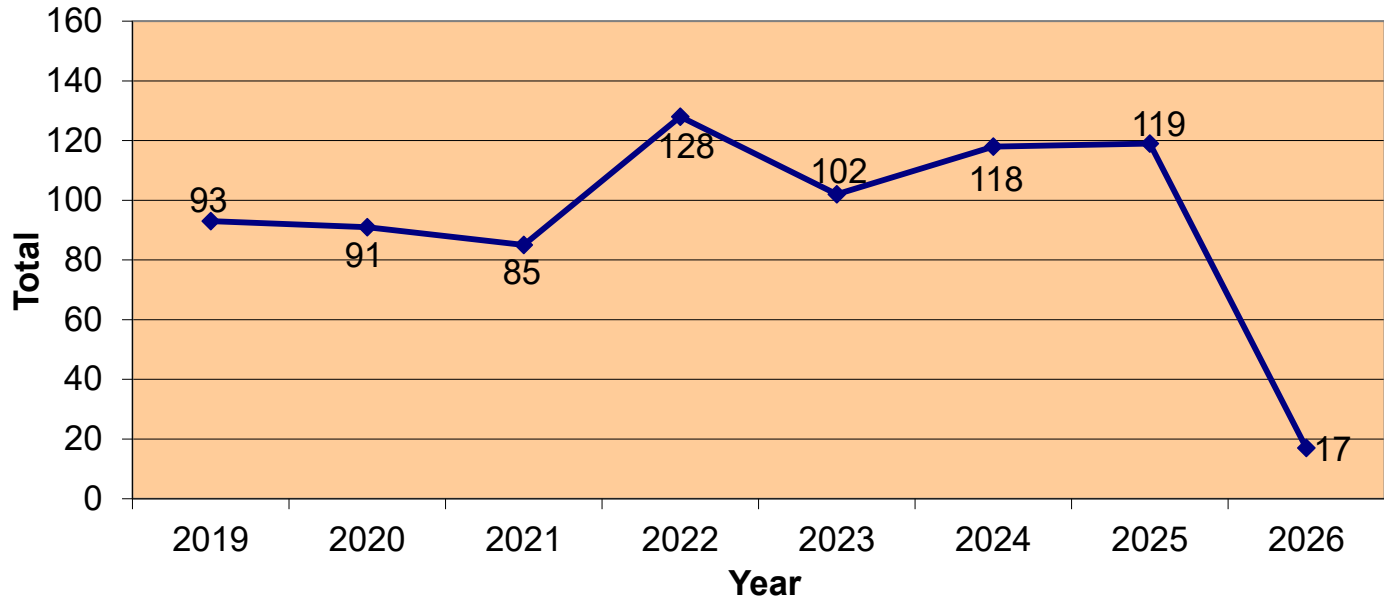
**Total Diagnosed Delaware Stage 3 HIV (AIDS) Cases Since 1981**



**Total Diagnosed Delaware Stage 3 HIV (AIDS) Cases Since 1981**



### New HIV Infections Per Year (An Eight Year History)



\*So far in current year

Summary Sheet for Communicable Disease Quarterly Report

	#	
Total Persons Living in Delaware with HIV	4188	
Total Persons Diagnosed with HIV in Delaware (Since 1981)	6849	
Total Persons Diagnosed with Stage 3 HIV (AIDS) in Delaware (Since 1981)	5037	
Total New Positives for Delaware in the Current Year	17	
Total New Positives at This Time Last Year	18	
Current Prevalence Rate	395.112	
Top Exposure Risk for Current Year		
	#	%
MSM	7	41%
Heterosexual	4	24%
IDU	0	0%
Other (includes risk not reported or identified)	6	35%