



1 Living in Delaware With HIV

As of 04/30/2026

Exposure Category	Living in DE With HIV (All Stages)	
	Number	Percent
Birth Sex		
Male	3069	73.0%
Female	1133	27.0%
Total	4202	100.0%
Residence		
Kent County	614	14.6%
New Castle County	2542	60.5%
Wilmington Metro Area	1386	33.0%
Outside Wilmington Metro Area	1156	27.5%
Sussex County	1017	24.2%
Unknown	29	0.7%
Total	4202	100.0%
Age at Diagnoses		
<13	51	1.2%
13-19	186	4.4%
20-29	1228	29.2%
30-39	1350	32.1%
40-49	887	21.1%
50+	500	11.9%
Total	4202	100.0%
Race/Ethnicity		
Hispanic - All races	433	10.3%
White	1284	30.6%
Black	2288	54.5%
Other ²	197	4.7%
Total	4202	100.0%
Mode of Exposure in Adult Cases		
MSM	1924	45.8%
IDU	462	11.0%
MSM/IDU	166	4.0%
Heterosexual contact w/IDU	162	3.9%
Heterosexual contact	1243	29.6%
Transfusion/transplant recipient	3	0.1%
Risk not reported/other	191	4.5%
Pediatric Exposure	51	1.2%
Total	4202	100.0%
Mode of Exposure in Pediatric³ Cases		
Mother with/at risk for infection	45	88.2%
Receipt of blood transfusion or tissue	0	0.0%
Hemophilia/Coagulation Disorder	1	2.0%
Other/risk not reported	5	9.8%
Total	51	100.0%

¹"Living" data includes anyone living in Delaware with HIV regardless of current stage

²Other includes Asian, Pacific Islander, American Indian, Alaskan Native or Multi-racial.

³Pediatric cases are individuals <13 years of age.

Approximately 24% of HIV diagnosed persons living in Delaware were initially diagnosed in another state and moved to Delaware after diagnoses.

Note: A clients original HIV disease diagnosis date is based on the first known date of HIV infection regardless of which HIV stage that person was in at that time.

Eight Year History of New Infections (DE Cases)

2019	2020	2021	2022	2023	2024	2025	2026
93	91	85	128	102	118	119	27

*So Far This Year

New Infection = Year in which HIV infection was first diagnosed

Previous Year at This Time

33

Current Prevalence Rate (per 100,000)

396.43

Top HIV Exposure Risk Groups for 2026 Thus Far

	#	%
MSM	12	44%
Hetero	9	33%
IDU	0	0%
MSM + IDU	0	0%
Other/Unknown	6	22%

New Infections by County

	#	%
Kent	4	15%
New Castle	17	63%
Sussex	6	22%

New Infections by Age Group

	#	%
0-12	0	0%
13-19	1	4%
20-29	8	30%
30-39	11	41%
40-49	3	11%
50+	4	15%

New Infections by Race/Ethnicity

	#	%
Hispanic - All Races	4	15%
White	6	22%
Black	15	56%
Other	2	7%

New Infections by Sex at Birth

	#	%
Male	22	81%
Female	5	19%



Total HIV Diagnosed Since 1981

Birth Sex

Male	4967	72.4%
Female	1892	27.6%
Total	6859	100%

Residence

Kent County	842	12.3%
New Castle County	4950	72.2%
Wilmington Metro Area	3075	44.8%
Outside Wilmington Metro Area	1875	27.3%
Sussex County	1060	15.5%
Unknown	7	0.1%
Total	6859	100%

Age at Diagnoses

<13	56	0.8%
13-19	199	2.9%
20-29	1689	24.6%
30-39	2391	34.9%
40-49	1613	23.5%
50+	911	13.3%
Total	6859	100%

Race/Ethnicity

Hispanic - All races	504	7.3%
White	1821	26.5%
Black	4387	64.0%
Other	147	2.1%
Total	6859	100%

Mode of Exposure in Adult Cases

MSM	2368	34.5%
IDU	1864	27.2%
MSM/IDU	345	5.0%
Heterosexual contact w/IDU	422	6.2%
Heterosexual contact	1575	23.0%
Transfusion/transplant recipient	21	0.3%
Risk not reported/other	208	3.0%
Pediatric Exposure	56	0.8%
Total	6859	100%

Mode of Exposure in Pediatric Cases

Mother with/at risk for infection	49	87.5%
Receipt of blood transfusion or tissue	1	1.8%
Hemophilia/Coagulation Disorder	1	1.8%
Other/risk not reported	5	8.9%
Total	56	100%

Note: This data includes only those people who were residents of Delaware at the time of HIV diagnosis.



Total Stage 3 HIV (AIDS) Diagnosed Since 1981

Birth Sex

Male	3641	72.2%
Female	1400	27.8%
Total	5041	100%

Residence

Kent County	582	11.5%
New Castle County	3700	73.4%
Wilmington Metro Area	2381	47.2%
Outside Wilmington Metro Area	1319	26.2%
Sussex County	757	15.0%
Unknown	2	0.0%
Total	5041	100%

Age at Diagnoses

<13	33	0.7%
13-19	38	0.8%
20-29	700	13.9%
30-39	1828	36.3%
40-49	1546	30.7%
50+	896	17.8%
Total	5041	100%

Race/Ethnicity

Hispanic - All races	327	6.5%
White	1312	26.0%
Black	3307	65.6%
Other	95	1.9%
Total	5041	100%

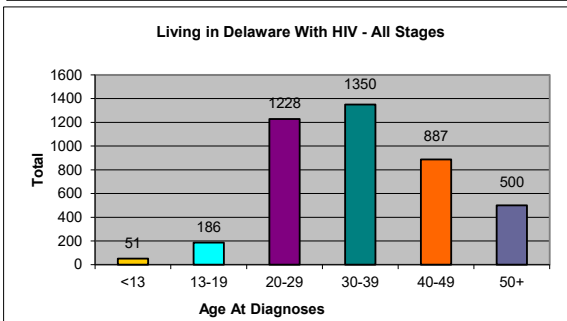
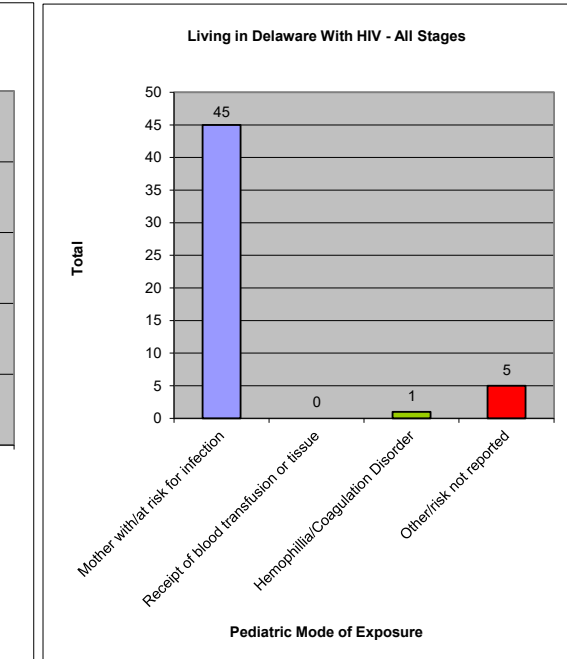
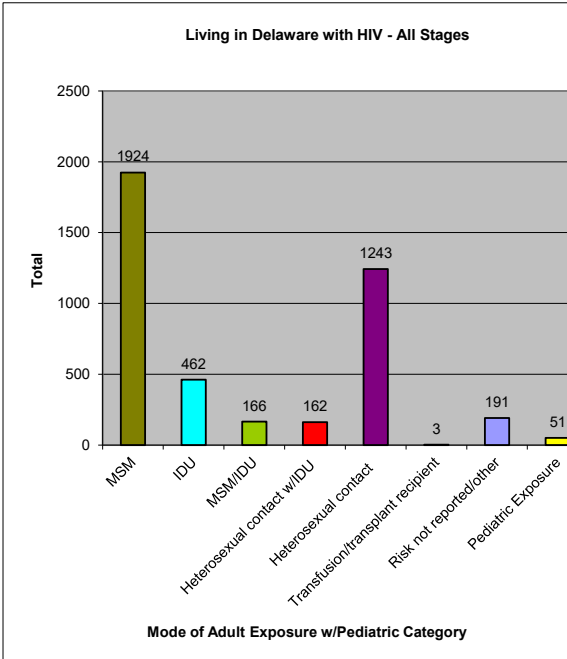
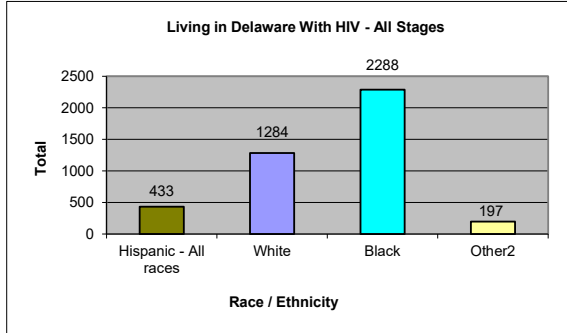
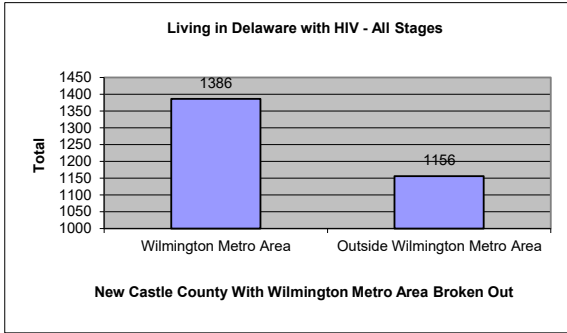
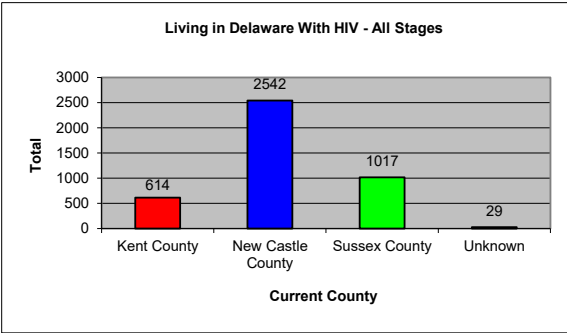
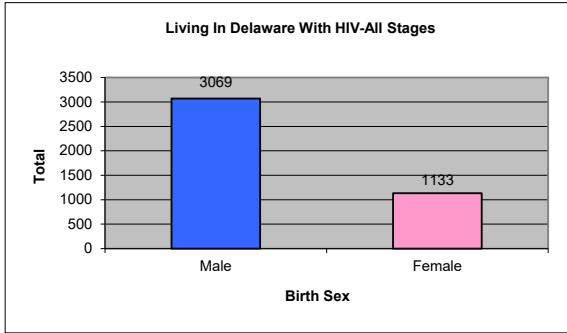
Mode of Exposure in Adult Cases

MSM	1597	31.7%
IDU	1612	32.0%
MSM/IDU	273	5.4%
Heterosexual contact w/IDU	376	7.5%
Heterosexual contact	984	19.5%
Transfusion/transplant recipient	18	0.4%
Risk not reported/other	126	2.5%
Pediatric Exposure	55	1.1%
Total	5041	100%

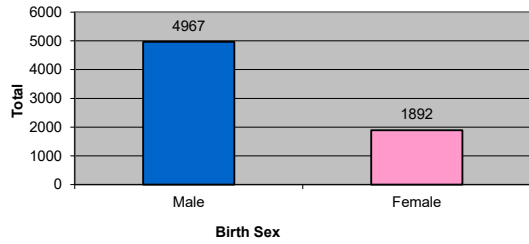
Mode of Exposure in Pediatric Cases

Mother with/at risk for infection	49	89.1%
Receipt of blood transfusion or tissue	1	1.8%
Hemophilia/Coagulation Disorder	1	1.8%
Other/risk not reported	4	7.3%
Total	55	100%

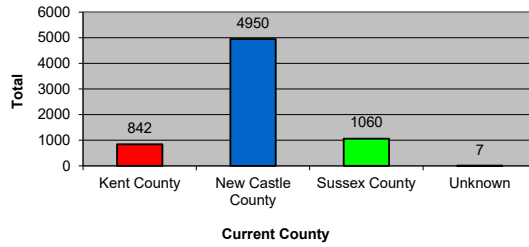
Note: This data includes only those persons who were residents of Delaware at time of Stage 3 HIV (AIDS) diagnosis and fit into the category of **ever** receiving a Stage 3 HIV (AIDS) diagnoses



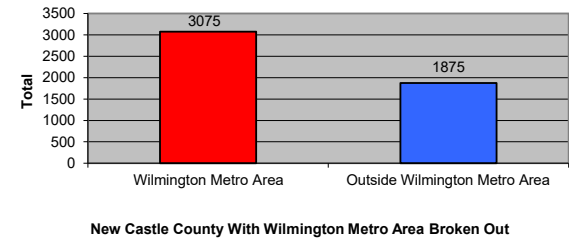
Total Diagnosed Delaware HIV Cases Since 1981



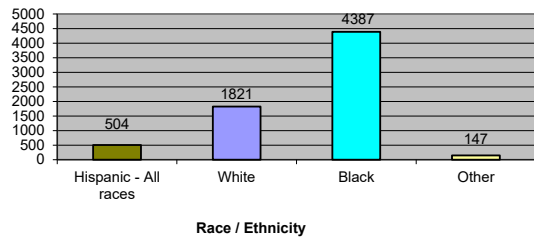
Total Diagnosed Delaware HIV Cases Since 1981



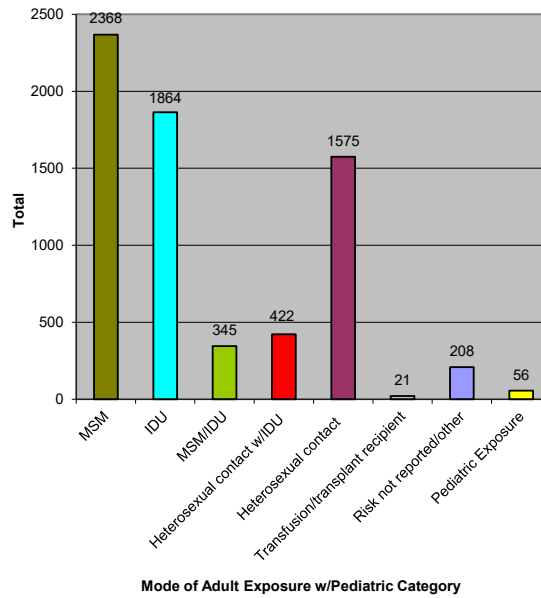
Total Diagnosed Delaware HIV Cases Since 1981



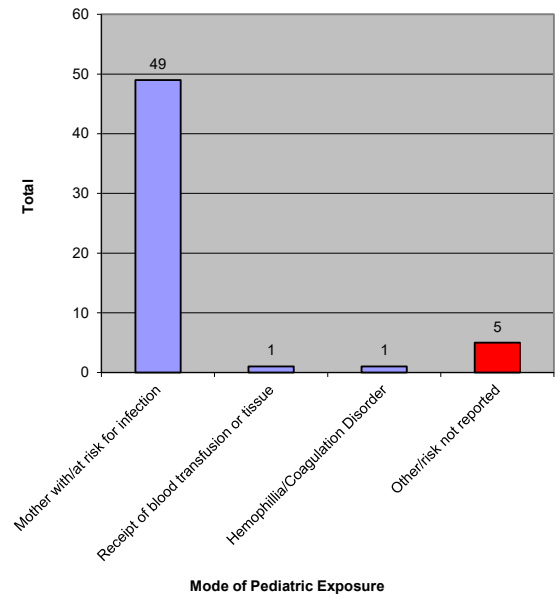
Total Diagnosed Delaware HIV Cases Since 1981



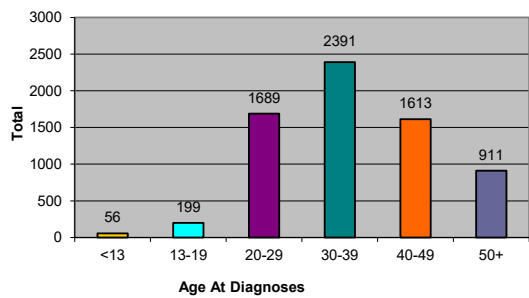
Total Diagnosed Delaware HIV Cases Since 1981



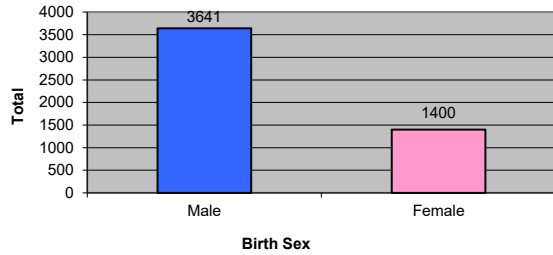
Total Diagnosed Delaware HIV Cases Since 1981



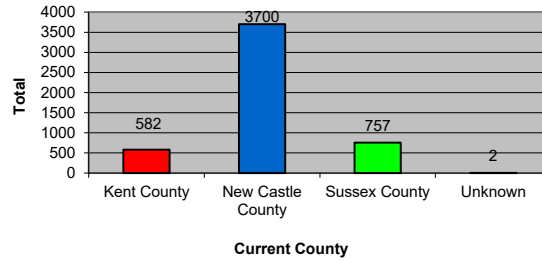
Total Diagnosed Delaware HIV Cases Since 1981



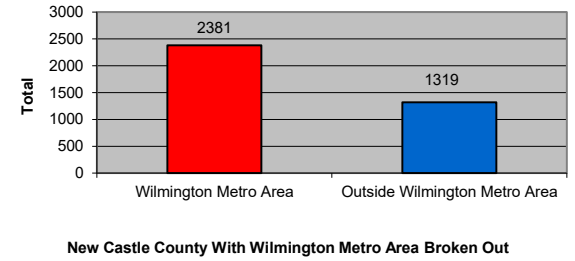
Total Diagnosed Delaware Stage 3 HIV (AIDS) Cases Since 1981



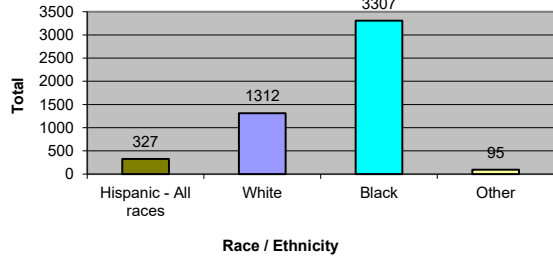
Total Diagnosed Delaware Stage 3 HIV (AIDS) Cases Since 1981



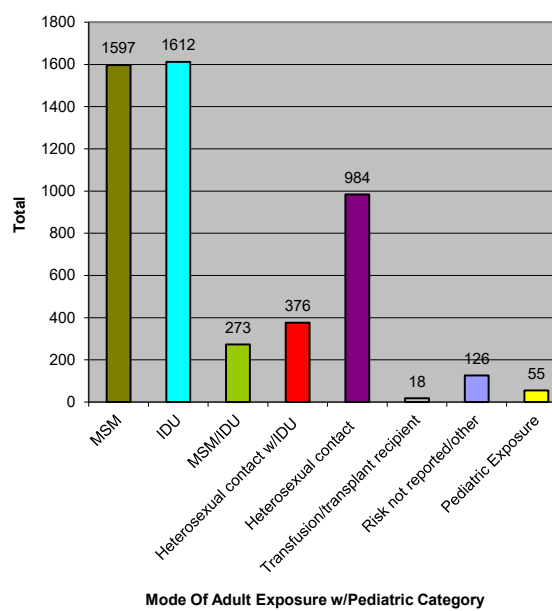
Total Diagnosed Delaware Stage 3 HIV (AIDS) Cases Since 1981



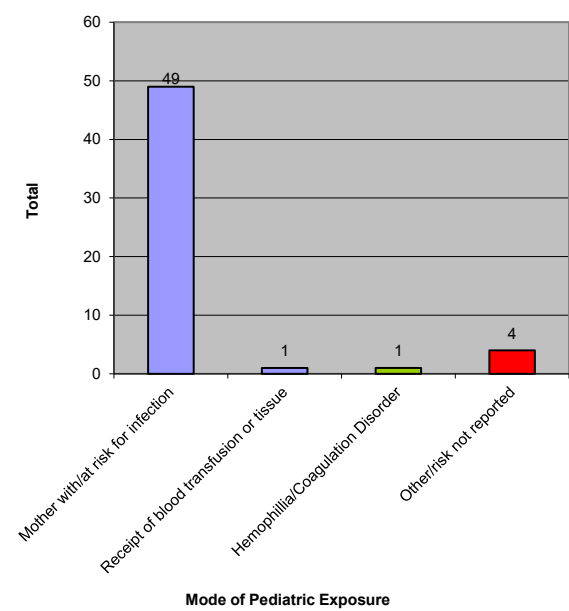
Total Diagnosed Delaware Stage 3 HIV (AIDS) Cases Since 1981



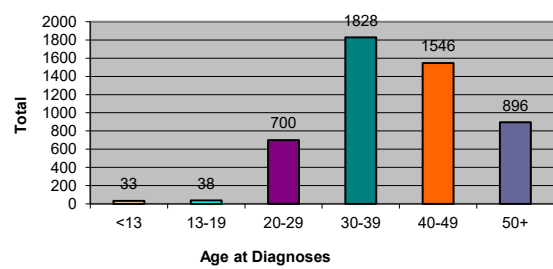
Total Diagnosed Delaware Stage 3 HIV (AIDS) Cases Since 1981



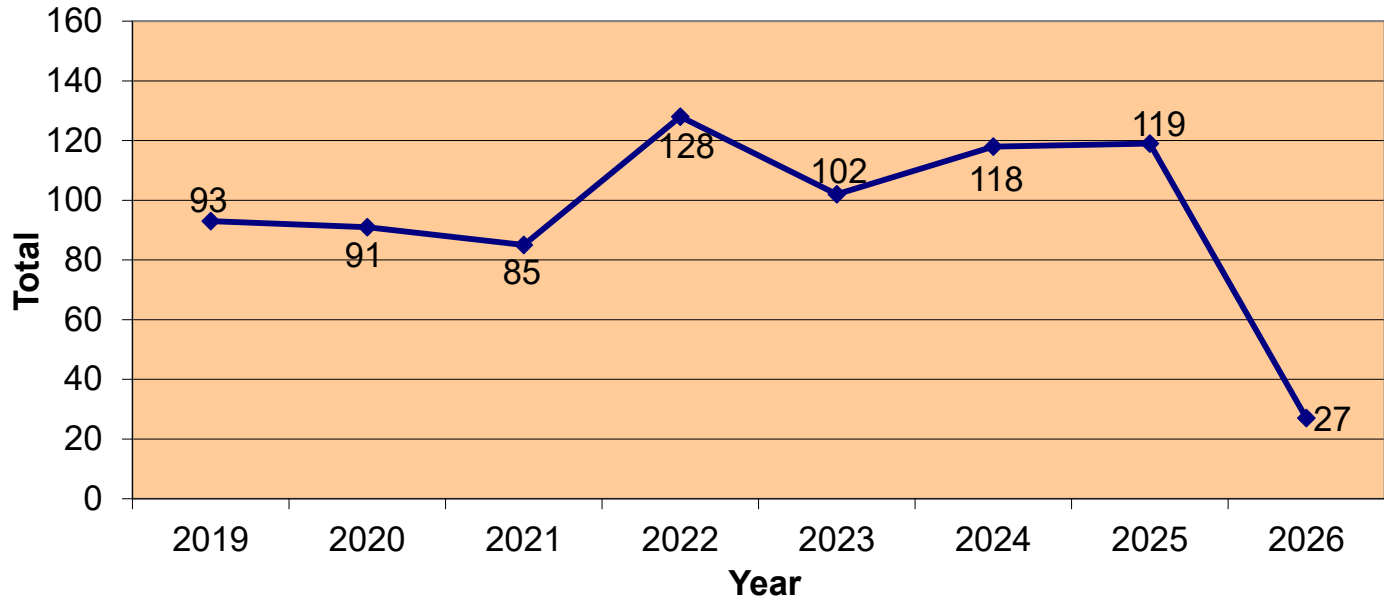
Total Diagnosed Delaware Stage 3 HIV (AIDS) Cases Since 1981



Total Diagnosed Delaware Stage 3 HIV (AIDS) Cases Since 1981



New HIV Infections Per Year (An Eight Year History)



*So far in current year

Summary Sheet for Communicable Disease Quarterly Report

	#	
Total Persons Living in Delaware with HIV	4202	
Total Persons Diagnosed with HIV in Delaware (Since 1981)	6859	
Total Persons Diagnosed with Stage 3 HIV (AIDS) in Delaware (Since 1981)	5041	
Total New Positives for Delaware in the Current Year	27	
Total New Positives at This Time Last Year	33	
Current Prevalence Rate	396.433	
Top Exposure Risk for Current Year		
	#	%
MSM	12	44%
Heterosexual	9	33%
IDU	0	0%
Other (includes risk not reported or identified)	6	22%