[1] Living in Delaware With HIV

As of 09/30/2026

Exposure Category	Living in DE With HIV (All Stages)	
	Number	Percent
Birth Sex		
Male	3087	73.0%
Female	1140	27.0%
Total	4227	100.0%
Residence		
Kent County	607	14.4%
New Castle County	2540	60.1%
Wilmington Metro Area	*1381*	*32.7%*
Outside Wilmington Metro Area	*1159*	*27.4%*
Sussex County	1052	24.9%
Unknown	28	0.7%
Total	4227	100.0%
Age at Diagnoses		
<13	47	1.1%
13-19	186	4.4%
20-29	1221	28.9%
30-39	1374	32.5%
40-49	897	21.2%
50+	502	11.9%
Total	4227	100.0%
Race/Ethnicity		
Hispanic - All races	441	10.4%
White	1290	30.5%
Black	2300	54.4%
Other[2]	196	4.6%
Total	4227	100.0%
Mode of Exposure in Adult Cases		
MSM	1923	45.5%
IDU	466	11.0%
MSM/IDU	170	4.0%
Heterosexual contact w/IDU	160	3.8%
Heterosexual contact	1257	29.7%
Transfusion/transplant recipient	3	0.1%
Risk not reported/other	201	4.8%
Pediatric Exposure	47	1.1%
Total	4227	100.0%
Mode of Exposure in Pediatric[3] Cases		
Mother with/at risk for infection	41	87.2%
Receipt of blood transfusion or tissue	0	0.0%
Hemophillia/Coagulation Disorder	1	2.1%
Other/risk not reported	5	10.6%
Total	47	100.0%

[1] "Living" data includes anyone living in Delaware with HIV regardless of current stage

[2] Other includes Asian, Pacific Islander, American Indian, Alaskan Native or Multi-racial.

[3] Pediatric cases are individuals <13 years of age.

Approximately 24% of HIV diagnosed persons living in Delaware were initially diagnosed in another state and moved to Delaware after diagnoses.

Note: A clients original HIV disease diagnosis date is based on the first known date of HIV infection regardless of which HIV stage that person was in at that time.

Eight Year History of New Infections (DE Cases)							
2019	2020	2021	2022	2023	2024	2025	2026
93	91	85	128	102	118	119	72
*So Far This Year							

New Infection = Year in which HIV infection was first diagnosed

Previous Year at This Time	94

Current Prevalence Rate (per 100,000)	398.79

Top HIV Exposure Risk Groups for 2026 Thus Far		
	#	%
MSM	26	36%
Hetero	27	38%
IDU	1	1%
MSM + IDU	1	1%
Other/Unknown	17	24%

New Infections by County		
	#	%
Kent	15	21%
New Castle	42	58%
Sussex	15	21%

New Infections by Age Group		
	#	%
0-12	0	0%
13-19	4	6%
20-29	17	24%
30-39	33	46%
40-49	8	11%
50+	10	14%

New Infections by Race/Ethnicity		
	#	%
Hispanic - All Races	10	14%
White	14	19%
Black	46	64%
Other	2	3%

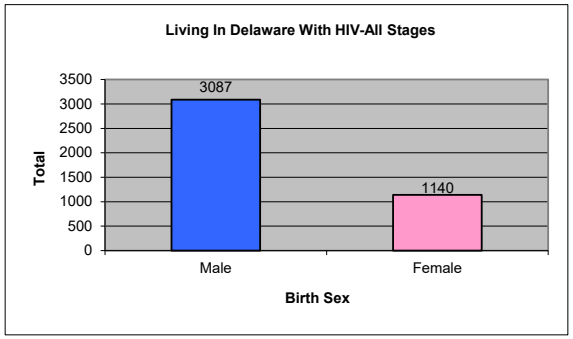
New Infections by Sex at Birth		
	#	%
Male	54	75%
Female	18	25%

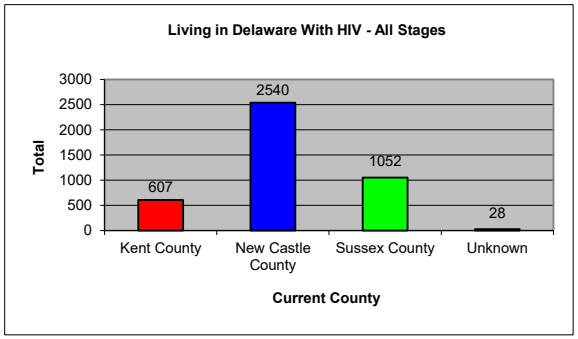
	Total HIV Diagnosed Since 1981		
Birth Sex			
Male		5000	72.4%
Female		1905	27.6%
Total		6905	100%
Residence			
Kent County		854	12.4%
New Castle County		4973	72.0%
Wilmington Metro Area	*3085*	*44.7%*	
Outside Wilmington Metro Area	*1888*	*27.3%*	
Sussex County		1071	15.5%
Unknown		7	0.1%
Total		6905	100%
Age at Diagnoses			
<13		56	0.8%
13-19		202	2.9%
20-29		1697	24.6%
30-39		2414	35.0%
40-49		1619	23.4%
50+		917	13.3%
Total		6905	100%
Race/Ethnicity			
Hispanic - All races		511	7.4%
White		1827	26.5%
Black		4417	64.0%
Other		150	2.2%
Total		6905	100%
Mode of Exposure in Adult Cases			
MSM		2383	34.5%
IDU		1865	27.0%
MSM/IDU		347	5.0%
Heterosexual contact w/IDU		422	6.1%
Heterosexual contact		1593	23.1%
Transfusion/transplant recipient		21	0.3%
Risk not reported/other		218	3.2%
Pediatric Exposure		56	0.8%
Total		6905	100%
Mode of Exposure in Pediatric Cases			
Mother with/at risk for infection		49	87.5%
Receipt of blood transfusion or tissue		1	1.8%
Hemophillia/Coagulation Disorder		1	1.8%
Other/risk not reported		5	8.9%
Total		56	100%

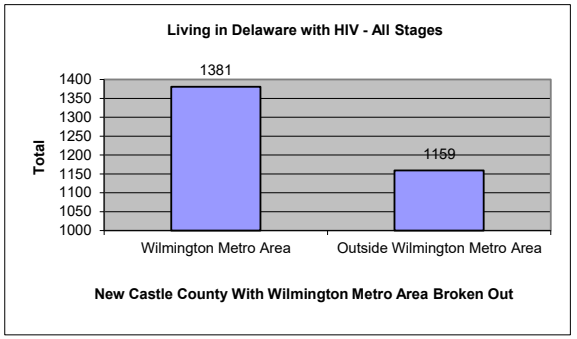
Note: This data includes only those people who were residents of Delaware at the time of HIV diagnosis.

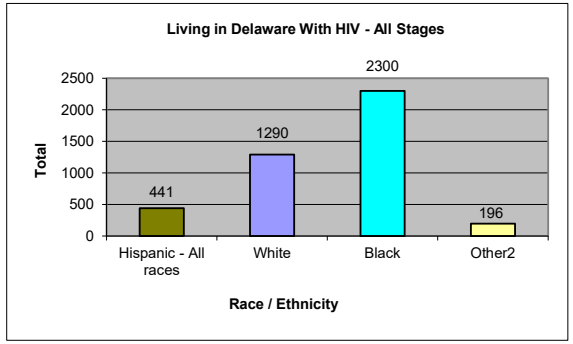
	Total Stage 3 HIV (AIDS) Diagnosed Since 1981		
Birth Sex			
Male	3665		72.3%
Female	1404		27.7%
Total	5069		100%
Residence			
Kent County	588		11.6%
New Castle County	3717		73.3%
Wilmington Metro Area	*2393*	*47.2%*	
Outside Wilmington Metro Area	*1324*	*26.1%*	
Sussex County	762		15.0%
Unknown	2		0.0%
Total	5069		100%
Age at Diagnoses			
<13	32		0.6%
13-19	39		0.8%
20-29	704		13.9%
30-39	1841		36.3%
40-49	1548		30.5%
50+	905		17.9%
Total	5069		100%
Race/Ethnicity			
Hispanic - All races	334		6.6%
White	1316		26.0%
Black	3321		65.5%
Other	98		1.9%
Total	5069		100%
Mode of Exposure in Adult Cases			
MSM	1608		31.7%
IDU	1614		31.8%
MSM/IDU	273		5.4%
Heterosexual contact w/IDU	376		7.4%
Heterosexual contact	993		19.6%
Transfusion/transplant recipient	18		0.4%
Risk not reported/other	133		2.6%
Pediatric Exposure	54		1.1%
Total	5069		100%
Mode of Exposure in Pediatric Cases			
Mother with/at risk for infection	48		88.9%
Receipt of blood transfusion or tissue	1		1.9%
Hemophillia/Coagulation Disorder	1		1.9%
Other/risk not reported	4		7.4%
Total	54		100%

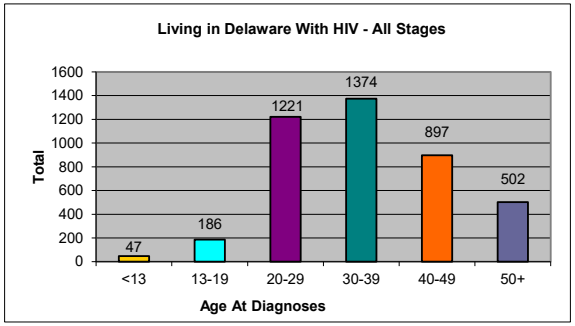
Note: This data includes only those persons who were residents of Delaware at time of Stage 3 HIV (AIDS) diagnosis and fit into the category of **ever** receiving a Stage 3 HIV (AIDS) diagnoses

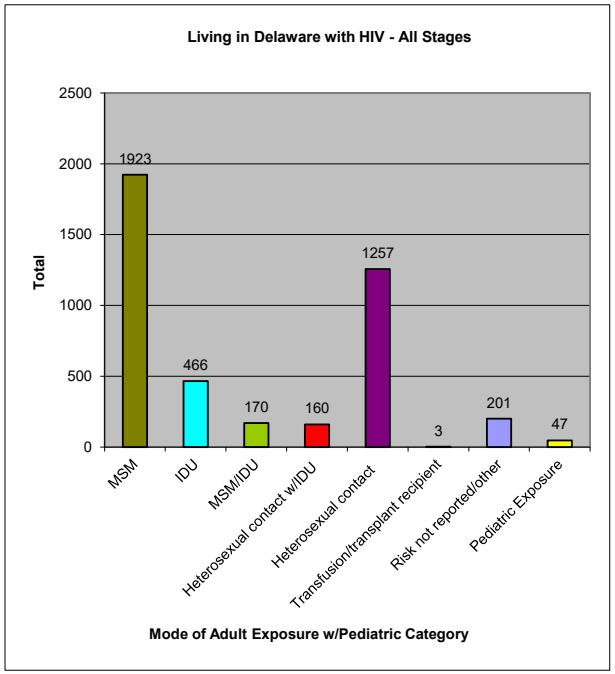

Living In Delaware With HIV-All Stages
Total
3500
3000
2500
2000
1500
1000
500
0
3087
1140
Male
Female
Birth Sex

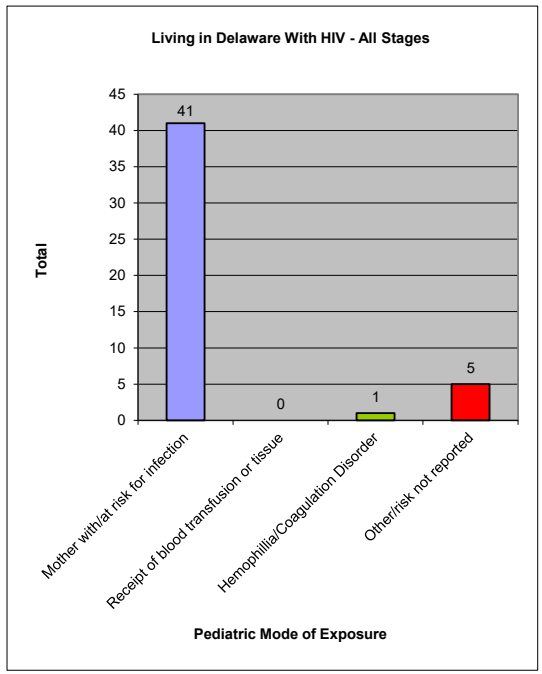

Living in Delaware With HIV - All Stages
Total
3000
2500
2000
1500
1000
500
0
607
2540
1052
28
Kent County
New Castle County
Sussex County
Unknown
Current County

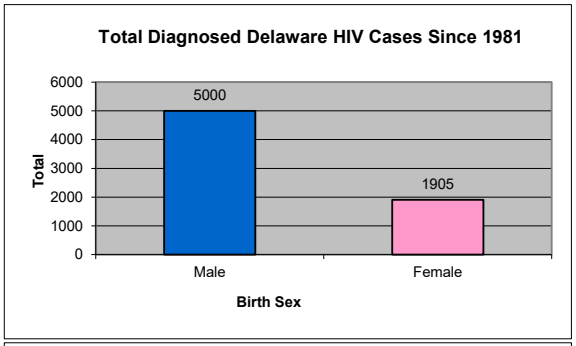

Living in Delaware with HIV - All Stages
Total
1400
1350
1300
1250
1200
1150
1100
1050
1000
1381
1159
Wilmington Metro Area
Outside Wilmington Metro Area
New Castle County With Wilmington Metro Area Broken Out

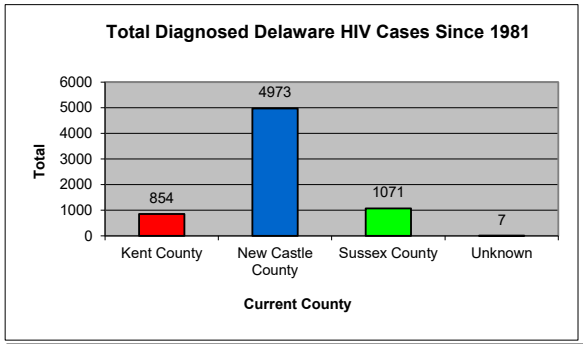

Living in Delaware With HIV - All Stages
Total
2500
2000
1500
1000
500
0
441
1290
2300
196
Hispanic - All races
White
Black
Other2
Race / Ethnicity

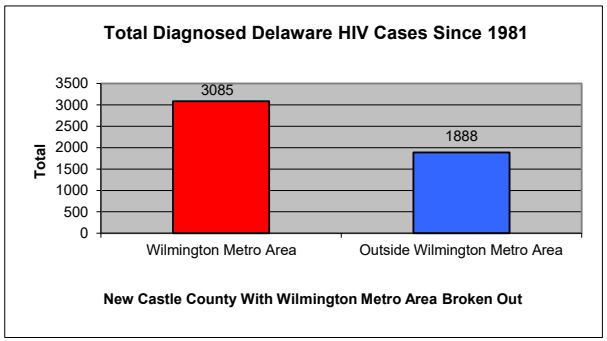

Living in Delaware With HIV - All Stages
Total
1600
1400
1200
1000
800
600
400
200
0
47
186
1221
1374
897
502
<13
13-19
20-29
30-39
40-49
50+
Age At Diagnoses

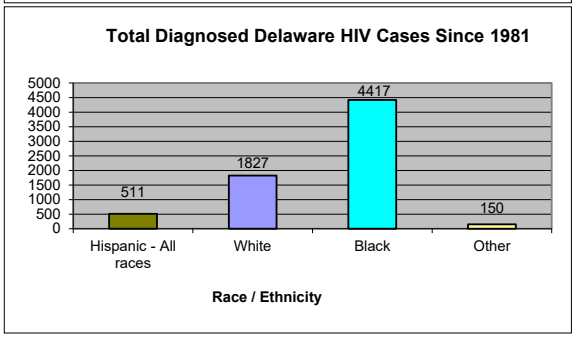

Living in Delaware with HIV - All Stages
Total
2500
2000
1500
1000
500
0
1923
466
170
160
1257
3
201
47
MSM
IDU
MSM/IDU
Heterosexual contact w/IDU
Heterosexual contact
Transfusion/transplant recipient
Risk not reported/other
Pediatric Exposure
Mode of Adult Exposure w/Pediatric Category

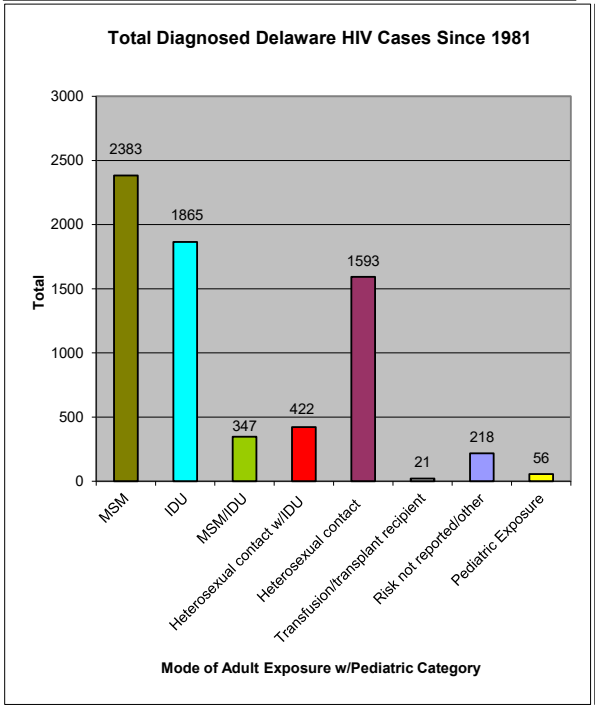

Living in Delaware With HIV - All Stages
Total
45
40
35
30
25
20
15
10
5
0
41
0
1
5
Mother with/at risk for infection
Receipt of blood transfusion or tissue
Hemophillia/Coagulation Disorder
Other/risk not reported
Pediatric Mode of Exposure

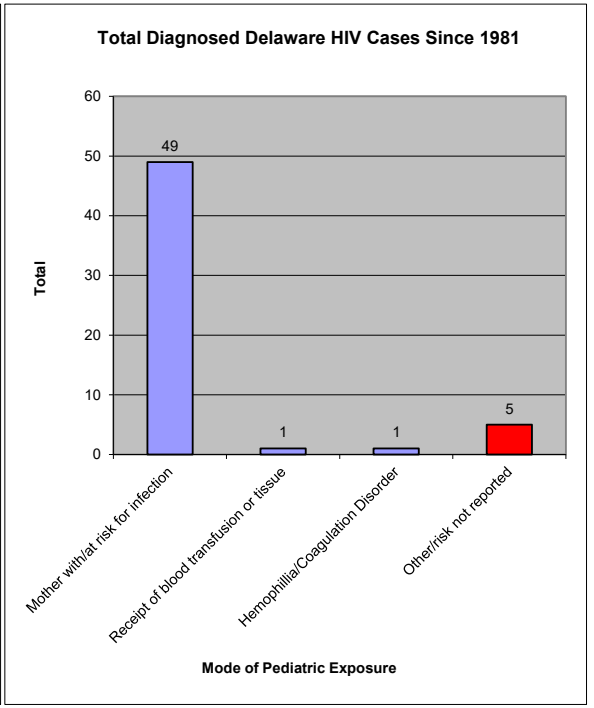

Total Diagnosed Delaware HIV Cases Since 1981
Total
6000
5000
4000
3000
2000
1000
0
5000
1905
Male
Female
Birth Sex

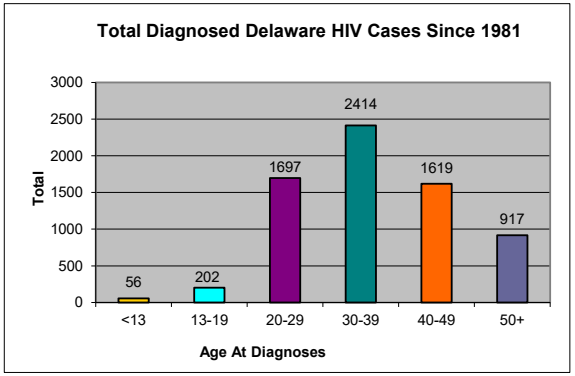

Total Diagnosed Delaware HIV Cases Since 1981
Total
6000
5000
4000
3000
2000
1000
0
854
4973
1071
7
Kent County
New Castle County
Sussex County
Unknown
Current County

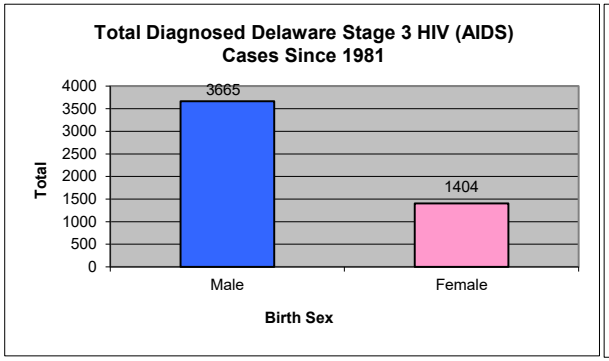

Total Diagnosed Delaware HIV Cases Since 1981
Total
3500
3000
2500
2000
1500
1000
500
0
3085
1888
Wilmington Metro Area
Outside Wilmington Metro Area
New Castle County With Wilmington Metro Area Broken Out

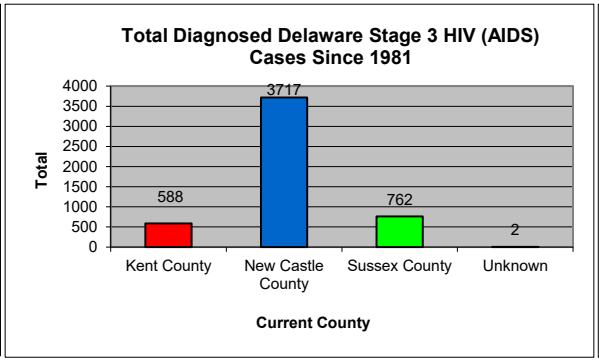

Total Diagnosed Delaware HIV Cases Since 1981
5000
4500
4000
3500
3000
2500
2000
1500
1000
500
0
511
1827
4417
150
Hispanic - All races
White
Black
Other
Race / Ethnicity

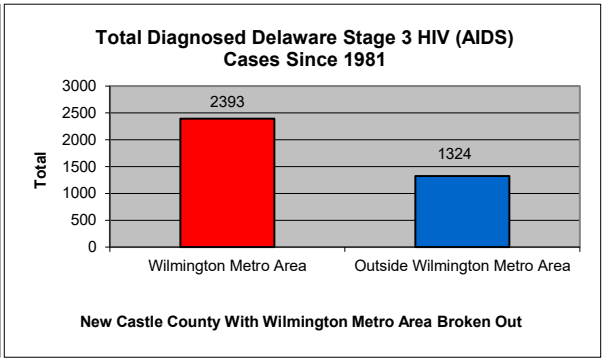

Total Diagnosed Delaware HIV Cases Since 1981
Total
3000
2500
2000
1500
1000
500
0
2383
1865
347
422
1593
21
218
56
MSM
IDU
MSM/IDU
Heterosexual contact w/IDU
Heterosexual contact
Transfusion/transplant recipient
Risk not reported/other
Pediatric Exposure
Mode of Adult Exposure w/Pediatric Category

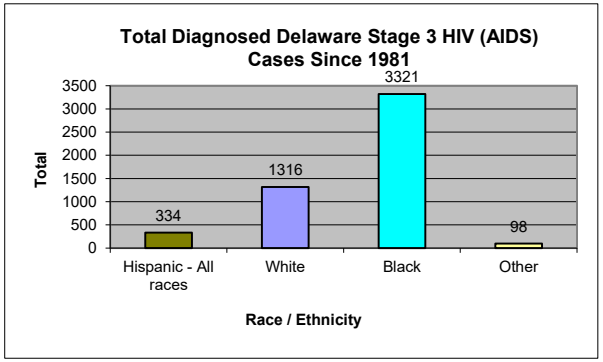

Total Diagnosed Delaware HIV Cases Since 1981
Total
60
50
40
30
20
10
0
49
1
1
5
Mother with/at risk for infection
Receipt of blood transfusion or tissue
Hemophilia/Coagulation Disorder
Other/risk not reported
Mode of Pediatric Exposure

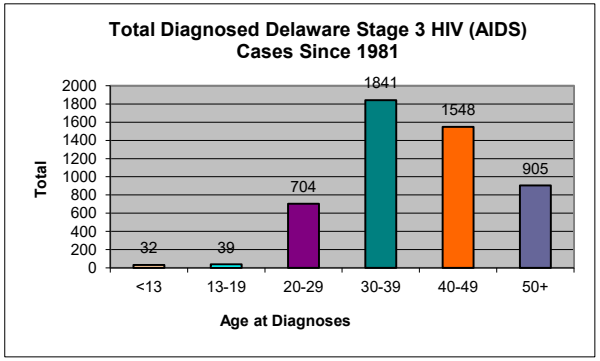

Total Diagnosed Delaware HIV Cases Since 1981
Total
3000
2500
2000
1500
1000
500
0
56
202
1697
2414
1619
917
<13
13-19
20-29
30-39
40-49
50+
Age At Diagnoses

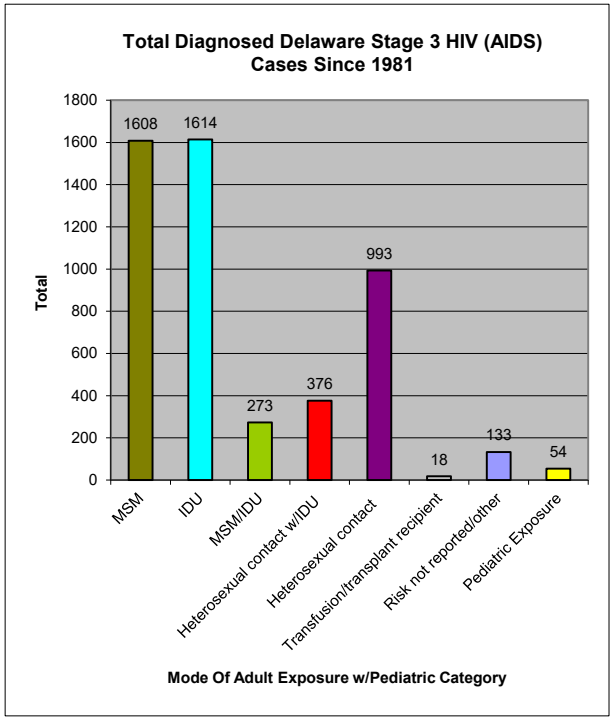

Total Diagnosed Delaware Stage 3 HIV (AIDS) Cases Since 1981
Total
4000
3500
3000
2500
2000
1500
1000
500
0
3665
1404
Male
Female
Birth Sex

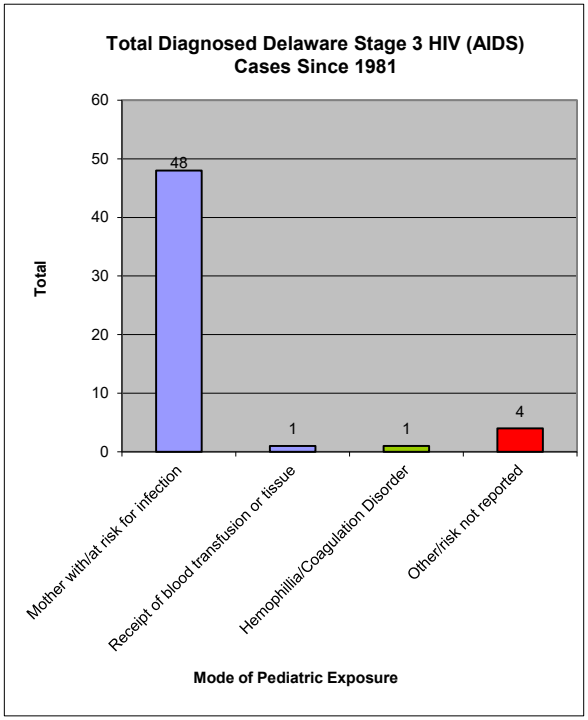

Total Diagnosed Delaware Stage 3 HIV (AIDS) Cases Since 1981
Total
4000
3500
3000
2500
2000
1500
1000
500
0
588
3717
762
2
Kent County
New Castle County
Sussex County
Unknown
Current County

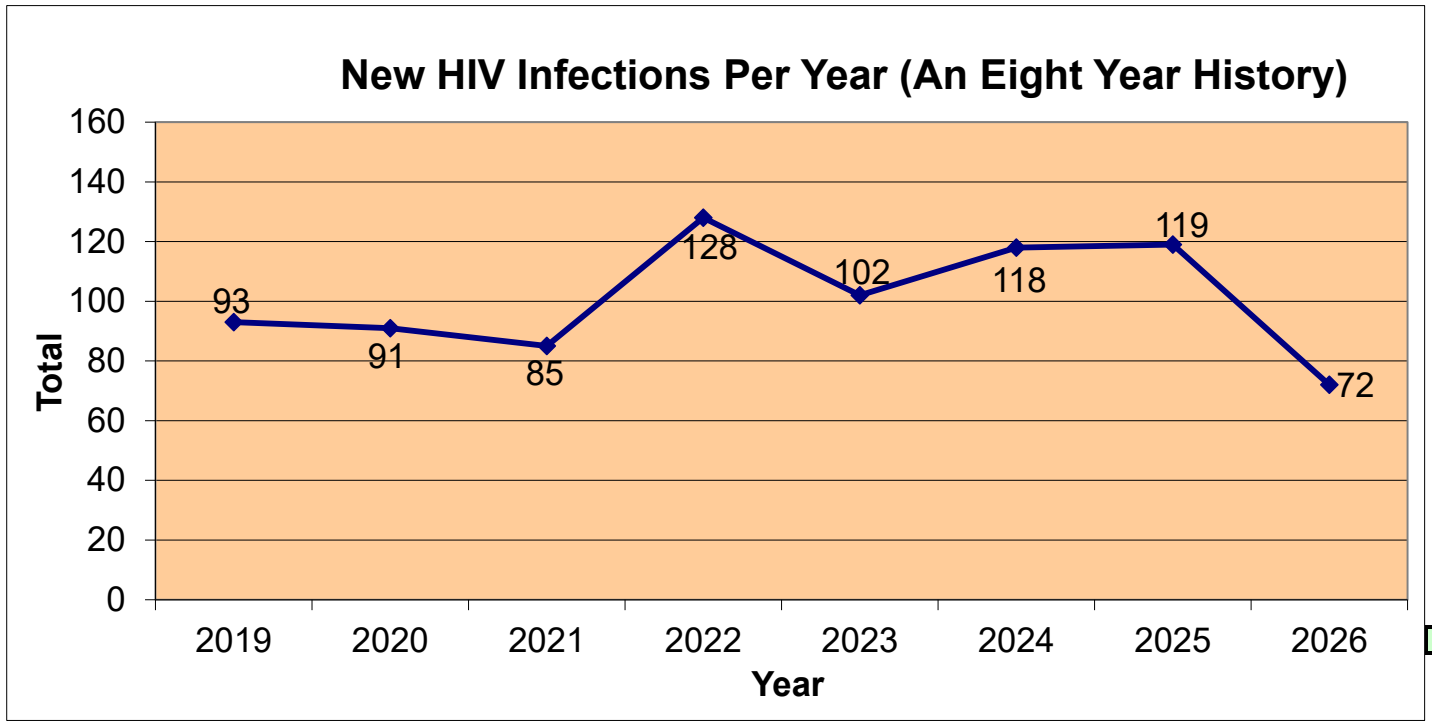

Total Diagnosed Delaware Stage 3 HIV (AIDS) Cases Since 1981
Total
3000
2500
2000
1500
1000
500
0
2393
1324
Wilmington Metro Area
Outside Wilmington Metro Area
New Castle County With Wilmington Metro Area Broken Out


Total Diagnosed Delaware Stage 3 HIV (AIDS) Cases Since 1981
Total
3500
3000
2500
2000
1500
1000
500
0
334
1316
3321
98
Hispanic - All races
White
Black
Other
Race / Ethnicity


Total Diagnosed Delaware Stage 3 HIV (AIDS) Cases Since 1981
Total
2000
1800
1600
1400
1200
1000
800
600
400
200
0
32
39
704
1841
1548
905
<13
13-19
20-29
30-39
40-49
50+
Age at Diagnoses


Total Diagnosed Delaware Stage 3 HIV (AIDS) Cases Since 1981
Total
1800
1600
1400
1200
1000
800
600
400
200
0
1608
1614
273
376
993
18
133
54
MSM
IDU
MSM/IDU
Heterosexual contact w/IDU
Heterosexual contact
Transfusion/transplant recipient
Risk not reported/other
Pediatric Exposure
Mode Of Adult Exposure w/Pediatric Category


Total Diagnosed Delaware Stage 3 HIV (AIDS) Cases Since 1981
Total
60
50
40
30
20
10
0
48
1
1
4
Mother with/at risk for infection
Receipt of blood transfusion or tissue
Hemophillia/Coagulation Disorder
Other/risk not reported
Mode of Pediatric Exposure



*So far in current year

Summary Sheet for Communicable Disease Quarterly Report		
	#	
Total Persons Living in Delaware with HIV	4227	
Total Persons Diagnosed with HIV in Delaware (Since 1981)	6905	
Total Persons Diagnosed with Stage 3 HIV (AIDS) in Delaware (Since 1981)	5069	
Total New Positives for Delaware in the Current Year	72	
Total New Positives at This Time Last Year	94	
Current Prevalence Rate	398.792	
Top Exposure Risk for Current Year		
	#	%
MSM	26	36%
Heterosexual	27	38%
IDU	1	1%
Other (includes risk not reported or identified)	17	24%